



Sports Officer – Weights Room / Reception

GENERAL JOB SPECIFICATION

Duties and Terms & Conditions of Employment

1. PREAMBLE

Mary Immaculate College is an autonomous, university-level, Catholic College of Education and the Liberal Arts. Founded in 1898, and linked academically with the University of Limerick, MIC is the oldest higher education institution in Limerick. Significant expansion in recent decades has seen the College's offerings expand across two modern campuses, one based in Limerick City and one in Thurles, Co. Tipperary. The student community consists of more than 5,000 learners, participating in fifteen undergraduate degree programmes and several postgraduate programmes extending to PhD/Doctoral level. Academic staff engage in a wide range of academic research areas, and research underpins all teaching and learning at MIC.

MIC seeks to prepare its students for professional excellence and to nurture their capacity to lead flourishing lives.

2. CANDIDATE PROFILE & SCOPE OF THE POSITION

The College wishes to fill 2 Posts for the position of Sports Officer – Weights Room / Reception, at Executive Officer Grade on a full-time, permanent basis

The position of Sports Officer – Weights Room / Reception is a key administrative role. The appointee will support the operational delivery of the College's sports and recreational programmes, with specific responsibility for the safe, inclusive, and effective operation of the MIC Limerick weights and cardio facility

The role also aligns with the College's commitments under the HEA Healthy Campus Charter and the participation-tier ambitions identified by the MIC Sport Strategy Workshop.

Essential Skills & Qualifications:

1. A Level 6 qualification on the National Framework of Qualifications in a sports-related area and a minimum of 2 years' relevant experience;
or
a minimum of 3 years' relevant experience in a comparable role.
2. Demonstrated experience working in a gym, fitness, or sports facility environment.
3. Strong organisational, administrative, and project-management capability.
4. Evidenced ability to work independently and as part of a team.
5. Experience in stakeholder engagement, partnership development and working with external organisations.
6. Strong customer-facing and communication skills, including digital communications competency.
7. Knowledge of health and safety requirements in a fitness environment.
8. Competency in the use of IT systems and membership databases.
9. Current first aid certification, or willingness to obtain immediately on appointment.
10. A clear student-focused, inclusive, and development-oriented approach.

It is desirable that candidates will also have;

- a) Accreditation with UKSCA, ASCA, or NSCA-CSCS, or willingness and capacity to achieve such accreditation within 12 months of appointment.
- b) Experience working in the higher education sport sector or in a comparable institutional recreational facility environment.
- c) Experience in membership growth, member retention, or earned-income-generating facility operations.
- d) Experience as a strength and conditioning coach in a team-sport environment.
- e) Awareness of Sport Ireland frameworks, including Safeguarding 3 and the Code of Ethics

*Cuirfear fáilte roimh iarratais ó dhaoine go bhfuil dearcadh dearfach acu i leith na Gaeilge.
Applications are welcome from people who have a positive outlook to Irish.*

3. JOB DESCRIPTION

Reporting Relationship

The appointee is required to carry out the duties attached to the post, under the general direction of Director of Sport, to whom they report, and to whom they are responsible for the performance of these duties in the first instance.

The reporting relationship is subject to review and may be altered from time to time in line with service needs and developments in the College.

Duties and Responsibilities

The Sports Officer Weights Room / Reception will perform the following duties

1. Facility Operations and Safety

- Supervise the weights and cardio facility, ensuring the safe and compliant operation of all equipment.
- Develop, maintain, and monitor weights room policies, procedures, and risk assessments in line with health and safety requirements.
- Provide induction and orientation sessions for all new users, ensuring safe and confident use of equipment.
- Conduct routine equipment inspections, manage scheduled maintenance, report faults and concerns promptly, and oversee the upkeep and presentation of the facility and An Tailteann more broadly.
- Respond appropriately to incidents and emergencies, providing first aid support where required.
- Maintain accurate and up-to-date records of incidents, equipment status, and compliance documentation.

2. Membership Development and User Experience

- Drive sustained, structured growth in facility membership across student, staff, alumni, and external user categories, in line with agreed annual targets.
- Lead the design and delivery of user-friendly induction and onboarding processes that prioritise retention as well as recruitment.
- Develop and deliver structured training and programme support to facility users, including individual programme design and small-group instruction.
- Maintain accurate and up-to-date membership records; manage renewals; and ensure efficient administration of payments and access.
- Maintain a current and engaging digital presence (website and social media) to promote the facility and grow membership.
- Provide regular member feedback and satisfaction reporting to the Director of Sport, and contribute to the design of the facility's evolving membership and pricing model.

3. Inclusion, Participation Breadth, and Beginner Engagement

- Develop and deliver dedicated programming for users including those with limited or no prior experience of gym-based training, including beginner inductions, structured beginner pathways, and confidence-building programmes.

- Design and deliver women-specific sessions and inclusive women-in-fitness programming as part of the College's broader Women in Sport commitments.
- Ensure the facility is genuinely welcoming and accessible to all student and staff cohorts, including those typically under-represented in gym-based fitness environments, i.e. mature students, students with disabilities, international students, and access-route students.
- Develop programming that supports staff participation in fitness and wellbeing activities.
- Collaborate with the Director of Student Life, the Access Office, the Healthy Campus Coordinator/Committee, and the EDII function on inclusive participation initiatives.
- Contribute to the wider Active MIC/Healthy Campus programme by leading or supporting facility-based wellbeing initiatives across the academic year.

4. Wider Department and College Support

- Provide front line reception support within An Tailteann, acting as a welcoming and professional first point of contact for students, staff, visitors, sports clubs and other users.
- Respond to routine enquiries relating to facility access, memberships, programmes, bookings and events.
- Support Membership administration, booking systems, user registrations and facility access processes.
- Maintain accurate records relating to memberships, bookings, participation levels and facility usage.
- Contribute to the planning and delivery of departmental and college-wide events, including Open Days, sports days, welcome week activities, and end-of-year celebrations.
- Assist with promotional activities and college-wide initiatives designed to increase participation in and awareness of sport, physical activity, and wellbeing.
- Work in collaboration with the Gaelic Games Development Officer (MIC Limerick), the Sports Development Officer (Thurles campus), and other Sports and Recreation colleagues to ensure a coherent cross-departmental and cross-campus offering.
- Contribute to relevant working groups including, where appropriate, the Sport Strategy Group or its successor structures, and to the operational development of the wider Sports and Recreation Department.

The work is broadly defined and the list of duties is not exhaustive. The performance of the entire range of duties is not necessarily confined to any one individual, as the work requires that the staff function in a flexible manner, and work together as a team. The College retains the right to assign new duties and/or re-assign staff to other areas of the College in response to service needs.

4. TERMS AND CONDITIONS OF EMPLOYMENT

General

All persons employed will sign an appropriate contract, which will contain terms and conditions of the employment. A job description is given to all applicants for employment and this will form part of the contract documentation.

Place of Work

The appointee's normal place of work will be Mary Immaculate College, Limerick. The College reserves the right to require the appointee to work from any other location. It is a requirement of the College that the appointee must reside within a reasonable distance of the College.

Exclusivity of Service and Outside Work

The person appointed will be required to devote their full-time attention and abilities to their duties during their working hours in the College and to act in the best interest of the College at all times. Therefore, for as long as the successful applicant is working in the College, they may not, without the prior written consent of the Vice President Administration and Finance (VPAF), be actively engaged or concerned in any way, either directly or indirectly, in any other business or undertaking where this is or is likely to be in conflict with the College's interests or the performance of the duties that the person has been employed for.

The appointee will not, during their tenure of office, undertake paid outside work unless they have received the permission of the VPAF of Mary Immaculate College to undertake such work on the terms and conditions as agreed for the particular undertaking in question. In every case, it is the duty of the appointee to seek in writing the prior permission of the VPAF. It is also the duty, in every case, of the appointee to inform the person or body for whom the work is being undertaken, that the work is being conducted in a private capacity and that the College cannot in any circumstances be responsible for such work.

Probationary Period

The appointment is subject to satisfactory completion of the standard 6-month probationary period. The probationary period may be extended at the discretion of the College but will not in any case exceed 11 months. Absences during the period of probation will extend the probationary period. Performance and conduct during the probationary period will be reviewed through a process of assessment meetings. Termination of the appointment during the probationary period, for any reason or no reason, will be at the discretion of the College. The disciplinary procedure will not apply to a dismissal during probation where the probationary employee has been employed by MIC for less than 12 months.

Hours of Attendance

The full-time working hours are 35 hours per week.

There will be two shifts, a morning/afternoon with hours of Monday to Thursday 7.00am to 3.00pm with a 1-hour unpaid lunch break each day and Friday, 7.00 am to 2.45 pm with a 45-minute unpaid lunch break,

Afternoon/evening shift of Monday to Thursday 2.00pm to 10.00pm with a 1-hour unpaid lunch break each day and Friday, 1.45pm to 9.45 pm with a 45-minute unpaid lunch break

However, the duties attaching to the position are such that the post holder may be required to work evenings/weekends on occasion to accommodate service needs. Subject to College policy, the post holder may avail of “Time-Off-In-Lieu (TOIL)” or overtime where working hours exceed the contract hours per week.

The College reserves the right to adjust starting and finishing times or days of duty to meet service needs.

Salary

The Salary scale for this position has been approved by the Department of Further and Higher Education, Research, Innovation and Science and the Higher Education Authority in line with Government Policy on Public Sector remuneration. The rate of remuneration may be adjusted from time to time in line with Government pay policy. The appointment will be made on the salary scale at a point in line with current Government Pay Policy. New entrants to the Civil or Public Sector, as defined in Circular 18/2010, will commence on the first point of the salary scale.

The grade for this post is Executive Officer. With effect from 1st June 2026, the annual salary scale for Executive Officer (New Entrant - Grossed Up) grade is:

€36,569; €38,803; €39,595; €41,870; €44,030; €45,966; €47,838; €49,703; €51,534; €53,418; €55,297; €57,288; €58,625; €60,529 (LSI); €62,444 (LS2)

With effect from the 1st of June 2026, the annual salary scale for the grade of Executive Officer (Grossed up Non New Entrant) is:

€39,595; €41,870; €44,030; €45,966; €47,838; €49,703; €51,534; €53,418; €55,297; €57,288; €58,625; €60,529 (LSI 1), €62,444 (LSI 2)

Increments are awarded in line with national pay agreements.

Salary will be paid on a monthly basis on the 25th of each month, or the previous Friday if 25th falls on a weekend, using the Paypath facility. Payment of salaries and wages are subject to statutory deductions, i.e. Income Tax (PAYE), Superannuation Contributions, Pay Related Social Insurance (PRSI) and Universal Social Charge (USC).

Increments are awarded in line with national pay agreements.

Superannuation

New entrants to the public service will be required to participate in the Single Public Service Pension Scheme and pay Superannuation contributions at the appropriate rates in accordance with the provisions of the Public Service Pensions (Single Scheme and Other Provisions) Act, 2012.

All other eligible appointees are automatically included in the Colleges' of Education Pension Scheme on taking up appointment. In compliance with the Colleges of Education Pension Scheme, deductions amounting to 6.5% are made from salary.

The appointee will be required to pay Additional Superannuation Contribution (ASC) under the provisions of the Public Service and Pensions Act 2017.

Appointees who commenced employment in the public service between 1st April 2004 and 31st December 2012 and have not had a break in employment of greater than 6 months will have no mandatory retirement age. All other appointees will have a mandatory retirement age of 70.

Pension Abatement

If an appointee has previously been employed in the Civil or Public Service and that appointee is entitled to or in receipt of a pension from the Civil or Public Service or where a Civil/Public Service pension comes into payment during the appointee's re-employment that pension will be subject to abatement in accordance with Section 52 of the Public Service Pensions (Single Scheme and other Provisions) Act 2012.

In applying for this position, the applicant is acknowledging that they understand that the abatement provisions, where relevant, will apply. It is not envisaged that the College will support an application for an abatement waiver in respect of appointments to this position

Annual Leave

The annual leave entitlement for this grade is 25 working days per leave year. Annual leave should be taken when students are off campus and the taking of leave must have the prior approval of the relevant Line Manager.

Public Holidays are granted in accordance with the provisions of the Organisation of Working Time Act, 1997.

Sick Leave

Employees who have a minimum 3 months' continuous employment with the College may be granted sick pay subject to the terms of the Public Service Sick Leave Scheme. Sick pay is contingent on full cooperation and compliance with the College's absence management procedures.

Confidentiality

In the course of working in Mary Immaculate College, the person appointed may have access to or hear information concerning staff and/or students and/or the functioning and the business of the College. Such information acquired in the course of employment with the College, including any aspect of the College's responsibilities or operations, is considered to be confidential information.

On no account must information concerning students, staff or other College business be divulged or discussed except in the performance of normal duties and, unless authorised to do so, this information shall not be communicated to a third party. In addition, records must never be left in a manner that unauthorised persons can obtain access to them and must be kept in safe custody when no longer required.

Health & Safety

Mary Immaculate College attaches the highest regard to the safety, health and welfare of its employees. It is the duty of each employee to take reasonable care to protect the health and safety of themselves and of other people in the workplace. Each employee must comply with all health and safety policies and procedures in operation in Mary Immaculate College and familiarise themselves with the Safety Statement.

Employees are obliged to wear any PPE (Personal Protective Equipment) that they may be provided with and no person shall intentionally or recklessly interfere with or misuse any appliance, protective clothing or other equipment provided in the workplace for health and safety purposes. Employees are statutorily/legally obliged to ensure that any accidents/incidents which may occur are reported promptly to the Health and Safety Officer on the MIC Accident/Incident Report Form.

College Policies, Rules and Regulations

The College is a Public Sector employer and is bound by National Agreements. It is also bound by regulations, circulars and directives issued on behalf of Government by the Department of Finance, the Department of Education, the Department of Further and Higher Education, Research, Innovation and Science and the Higher Education Authority.

Employees are at all times subject to the provisions of the Code of Conduct for Staff, College policies, rules and regulations. These policies include but are not confined to Disciplinary & Grievance Policies, Dignity at Work, Examination Rules & Regulations, Policy on Responsible Computing and Use of Information Technology Facilities. All employees are required to familiarise themselves with the contents of Policies and Procedures, available on the College's Staff Portal.

Termination of Employment

At least two calendar months' written notice is required to resign this post.

On the termination of employment but before departing from the College, staff members are required to return to the College all books, reports, memoranda, correspondence, papers, records, reports, files including data held on electronic files, computer disks, electronically recorded discs, and any other documentation, and all other property, including office keys, belonging to the College or relating to its business or affairs which are in the possession of a staff member or under their control when the employment is terminated.

5. APPLICATION AND SELECTION PROCESS

Method of Selection for Recommendation

Shortlisting

An expert group will convene to conduct shortlisting of applicants, measured against pre-determined criteria.

The criteria that will be used to shortlist candidates for this appointment are:

- a) A Level 6 qualification on the National Framework of Qualifications in a sports-related area and a minimum of 2 years' relevant experience;
or
a minimum of 3 years' relevant experience in a comparable role.
- b) Demonstrated experience working in a gym, fitness, or sports facility environment.
- c) Experience in stakeholder engagement, partnership development and working with external organisations.
- d) Knowledge of health and safety requirements in a fitness environment.

Normally, the number of applications received for a position exceeds that required to fill the position. While a candidate may meet the eligibility requirements of the competition, if the numbers applying for the position are such that it would not be practical to interview everyone, the College may decide that a limited number will be called to interview. This is not to suggest that other candidates are necessarily unsuitable to undertake the job, rather that there are some candidates, based on their application, appear to be better qualified and/or have more relevant experience. It is incumbent, therefore upon the applicant, to ensure that all relevant information is included in their application and that they clearly identify how they meet the specified candidate criteria.

The selection process may include an aptitude assessment of one or more of the essential competencies for the post.

Interview

A recommendation for appointment will be made by an Interview Board. The appointment will be based on this recommendation, except where considerations of health or an unsuitable record in previous employment warrants a departure.

A panel will be formed from which appointments to the post of **Sports Officer – Weights Room / Reception** may be made during the life of the panel (12 months).

Candidates must produce satisfactory documentary evidence of all training and experience claimed by them, if required.

Pre-Employment Health Assessment

For the purpose of satisfying requirements as to health, successful candidates, before being appointed, may be required to participate in pre-employment health screening.

Garda Vetting

Successful applicants may be required to participate in Garda vetting. Specific instruction on this process will be given at the appropriate time. Applicants who do not comply with the College's requirements in this regard will be excluded from consideration for appointment. Applicants who have resided outside Ireland for a cumulative period of 36 months or more over the age of 18 years

must furnish a Foreign Police Clearance (FPC) from the country or countries of residence. Please note that any costs incurred in this process will be borne by the applicant.

Applicants Outside European Economic Area (EEA)

Mary Immaculate College welcomes applications from candidates outside the EEA, however such applicants should familiarise themselves with relevant Government policy before making an application. Further information from the Department of Enterprise, Trade and Employment is available here: [Economic migration policy - DETE \(enterprise.gov.ie\)](https://enterprise.gov.ie)

Making of Applications

Applications must be submitted on an official application form in typed format. Handwritten or incomplete applications will not be accepted. Application forms for this post may be downloaded from the vacancies page of the MIC website. Applications must be submitted by e-mail to Recruitment@mic.ul.ie with the subject title **Sports Officer – Weights Room / Reception** -no later than:

2pm on Monday 27th July 2026

The Human Resources Office will acknowledge receipt of your application by sending an email to the email address provided. Please be sure to check Spam and Junk folders as it may be redirected here by your account preferences. If you do not receive an acknowledgement of your application form within 2 working days, please contact hr@mic.ul.ie.

Late applications will not be accepted.

The College will not be responsible for any expenses, including travelling expenses, which candidates may incur in connection with their candidature.

Any attempt by a candidate either personally or through any other person, on their behalf, to canvass or otherwise influence the outcome of the selection/interview process in their favour will lead to disqualification from the competition. Any representations made on behalf of a candidate, without their knowledge will be ignored.

Mary Immaculate College is an equal opportunities employer. Mary Immaculate College holds an Athena SWAN Bronze Institution award in recognition of our commitment to advancing equality and opportunity for all in higher education.

July 2026